

ARTHRITIS TIMES

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MERRY CHRISTMAS



Dear Members

May I take this opportunity to thank you all for your good wishes for my continued recovery. It has caused me to slow down and I have become aware that there are many of us who need a little more assistance.

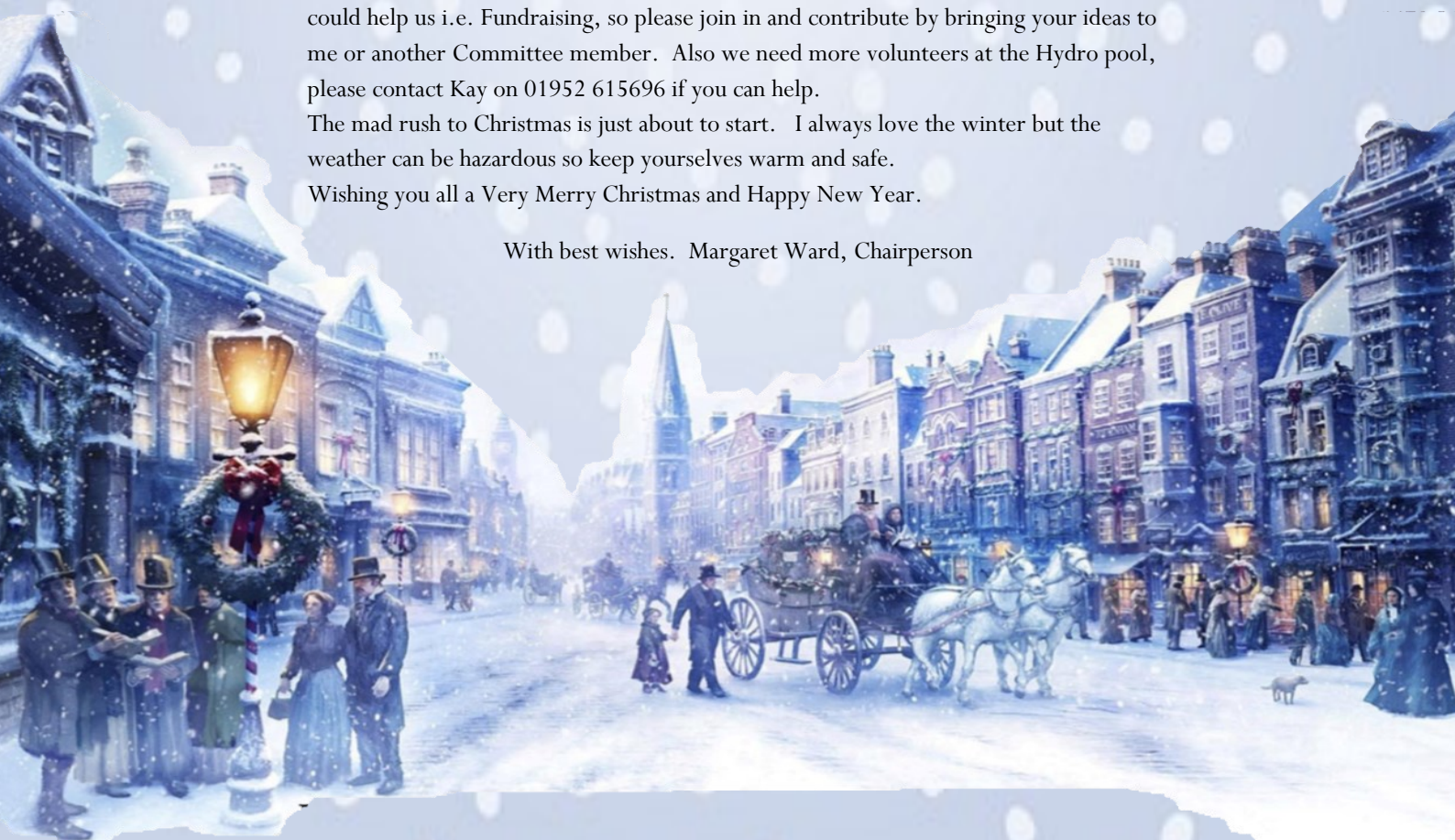
Can you help? What is needed is small offers of help here and there, especially when members are setting up in the early evening, also when its time to end our evenings on Meet and Greet nights. I want to thank those who already do the volunteering regularly, and especially my wonderful committee members. There may be some people who perhaps think that they might be a nuisance and interfering and this stops them offering to give a hand.

We are still short of committee members in several areas, perhaps you and your friends could help us i.e. Fundraising, so please join in and contribute by bringing your ideas to me or another Committee member. Also we need more volunteers at the Hydro pool, please contact Kay on 01952 615696 if you can help.

The mad rush to Christmas is just about to start. I always love the winter but the weather can be hazardous so keep yourselves warm and safe.

Wishing you all a Very Merry Christmas and Happy New Year.

With best wishes. Margaret Ward, Chairperson



BIRTHDAYS

ONE HUNDRED NUMBERS

Drawn at Meet & Greet 27th August

1st Prize: 96 2nd Prize: 49 3rd Prize: 57

Drawn at Committee Meeting 1st October (Sept) 1st Prize: 36 2nd Prize: 65 3rd Prize: 28

October numbers not available at this time

Please Note: If you have the WINNING NUMBER YOU WILL BE NOTIFIED BY POST

NOVEMBER

Chris Corbett

Beryl Merrington

Janet Evans

Clare Roberts

Clive Waites

DECEMBER

Bob Evans

Christopher Lloyd

Lois Bull

Bryan Warwick

Robert Diss

Pauline Taylor

Steve Maddocks

Christine Edwards

Fred Bull

Liv Pitt

JANUARY

Hazel Lane

Margaret Ward

Linda Maddocks

Carol Drewry

Barbara Mears

Josie Yates

Jennifer Pearce

Paula Patel

Brenda Bott

Barbara Maddox

Curtis Fox

Jim Hunter

Delia Oliver

CHRISTMAS DRAW TICKETS

Many thanks to all members who have bought and sold Christmas draw tickets. Please remember to return any ticket stubs and monies before Friday 22nd November 2013. You may be the lucky winner of the 1st prize of £100.00!

Rosalind

100 Club

Just an update on the 100 Club. To date we have paid out a total of £250 to 12 lucky winners.

There are 6 months left of this present club and we have a few numbers available if anyone would like to join in.

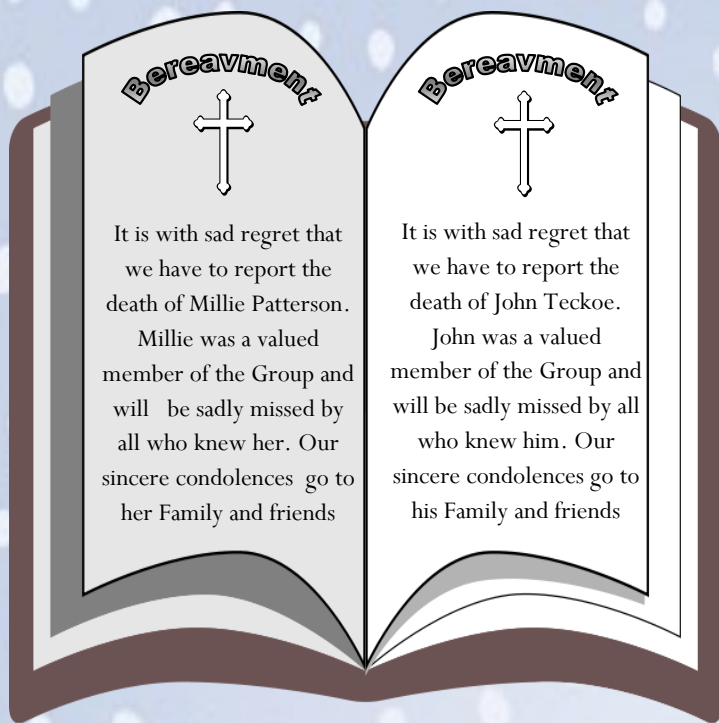
The first prize is £25, the second is £15 and the third is £10.

The cost for the remaining term will be £6.00 for the 6 draws.

If you would like to take part, please phone Angela Adlington on 01952 877845

1	£100.00	21	5 piece condiment set
2	Hamper	22	Hippo hottie
3	Christmas Teddy	23	Matching handbag & shopping bag
4	Fruit basket	24	Snowmen mug
5	Cup & saucer planter	25	Juice extractor
6	Silver plated placemats	26	Scottie dog
7	Sanctuary toiletries	27	2 ornate photo frames
8	Garden Meerkats	28	Filofax with calculator
9	Natural World figurine	29	Wall clock
10	Fibre Optic blossom	30	Mirror
11	Pair of garden lamps	31	Twin photo frame
12	Rose collection toiletries	32	Jigsaw
13	Toy puppy	33	Body Shop toiletries
14	Garden candle set	34	CD rack
15	Herb chopping board & cutter	35	3 perfume bottles
16	Teddy bear	36	Set of 3 photo albums
17	4 mini casserole dishes	37	Dove toiletries
18	Serving dish	38	Baylis & Harding toiletries
19	Burberry handbag	39	Remington stationery tool kit
20	Set of 4 mugs	40	Black shoulder bag

We send Best Wishes to the following members, Hazel Lane, Josie Yates and Barbara Maddocks who will be celebrating Special Birthdays this Year



SUBSCRIPTIONS 2014

The subscription for next year, due by the 1st January 2014 will remain at £10.00. Please fill in the renewal form enclosed with the newsletter and return to me as soon as possible, so that the membership list can be up-dated. Please note that if you are booking for a trip or event and you have not renewed, you will not qualify for the members' discount. Any members who have joined in October, November or December 2013 do **NOT** need to renew. In order to save on postage, if you DO require a receipt, please tick the box at the bottom of the renewal form.

Please keep your subscription payment SEPARATE from any payment for bookings, draw tickets etc. and please do not make your cheque payable to me personally. Please note, once paid, your annual membership is non-refundable.
Thank you Rosalind

AGE UK - PERSONAL ALARMS - INFORMATION

INDEPENDENCE WHEN YOU WANT IT, HELP WHEN YOU NEED IT.

HELP ON HAND 24 HOURS A DAY. Moving freely about your home, or pottering in the garden are simple pleasures that everyone should be able to enjoy. The Age UK Personal Alarm Service gives independence to the user and provides peace of mind for loved ones. Offering help 24 hours a day, the alarm gives you the freedom to live your life, safe in the knowledge that if there is an accident or you have a fall, you can get help quickly. The Personal Alarms are quick and easy to install, either by a friend or family member, or by Age UK's team of local installers.

At the touch of a button friends or family can be alerted 24 hours a day, seven days a week. Just press the button and the call centre will be contacted immediately - there's no need to dial a number.

Step 1: press the button on the pendant or wristband.

Step 2: An operator will take your call within seconds.

Step 3: The help you need will be on its way.

The Age UK Personal Alarm is a rental system. You pay a one-off initial cost and then an ongoing fee. Choose the option that suits your needs and budget. (Many customer do not need to pay VAT for health reasons. If you need to pay VAT, add the two figures together).

Self-Connect: Buy on-line, cost effective, you can save £80 on the initial cost by buying on-line and connecting it yourself. Comes with easy-to-follow instructions.

Initial cost: £49.00 (+£9.80 VAT). On-going Weekly cost: £3.38 (+68p VAT)

Installed by Age UK professional team.

Option A - Initial Cost: £129.00 (+£25.80 VAT). On-going Weekly cost £3.38 (+68p VAT)

Option B - A lower weekly cost but higher initial cost: £385.00 (+£77.00 VAT). On-going Weekly cost £1.98 (+40p VAT)

FOR A NO-OBLIGATION DEMONSTRATION OR MORE INFORMATION CALL: 0800 030 4244. Lines open 9.00 am to 5.00 pm Monday - Saturday. Or visit: www.ageuk.org.uk/alarm



FORTHCOMING EVENTS



Tuesday 26th November. GRAND PRIZE DRAW with HOT SUPPER. St Georges' Sports & Social Club. Doors open 7.00 pm

Don't forget to purchase your tickets You have to be in it to win it!. Come and join us for the evening. Choice of food available: Cottage pie (made with real beef) or chicken curry. Please tick your choice on the booking form. Closing date: 15th November.

NO BOOKING WILL BE TAKEN AFTER THIS DATE - PLEASE DO NOT JUST TURN UP ON THE EVENING

Price: Members £5.00/Non-members £7.00

Saturday 14th December. CHRISTMAS PARTY at GRAYS HOTEL (NOW KNOWN AS THE RAMADA), FORGEGATE, TELFORD. 7.00 for 7.30 pm

Dig out those posh frocks (for the ladies of course) and smart dress for the gentlemen, for an evening of fine dining/drinking and a dance if your aches and pains will allow you! A choice of menu is available - please tick the boxes on the booking form.

Closing date: 8th November (NO BOOKINGS WILL BE TAKEN AFTER THIS DATE)

Price: Members £15.00 or if you choose Beef the price will be £17.95/Non-members £25.00 (Beef £27.95)

Tuesday 28th January 2014. MEET & GREET with HOT SUPPER (NEW)

We will be holding a Beetledrive this evening. Come and join us and have a bit of fun. The food will be Fish and chips or Steak pie and chips, please tick the appropriate box on the booking form. Price: Members £4.00/Non-members £6.00

Sunday 23rd February. MYSTERY TRIP with SUNDAY LUNCH (NEW)

Leave those 4 walls behind and enjoy a trip through the countryside on a cold winter day. Stopping off for a 2 course lunch and a cup of tea. Choice of menu available - please tick the boxes on the booking form. Price: Members £12.00/Non-members £15.00

Tuesday 25th March. CHEESE & WINE EVENING (NEW)

Come and enjoy a night out with plenty of cheese and pate, bread and crackers. Wines and soft drinks included in the price.

Price: Members £5.00/Non-members £7.50

BOOKINGS WILL ONLY BE ACCEPTED WITH BOOKING FORM & PAYMENT

IF YOU ARE UNABLE TO GO ON A TRIP (DUE TO ILLNESS ETC) WE WOULD APPRECIATE A PHONE CALL EITHER THE PREVIOUS EVENING OR THE SAME MORNING SO WE DO NOT DELAY THE COACH. CONTACT DAVE & SUE on 01952 502968

CLOSING DATES - PLEASE NOTE NO BOOKINGS WILL BE TAKEN EITHER BY BOOKING FORM OR PHONE CALL AFTER THE DATES STATED.

PLEASE NOTE:

ALL PAYMENTS ARE NON REFUNDABLE AND WILL ONLY BE REFUNDED IF WE ARE ABLE TO FILL YOUR PLACE. WE NORMALLY USE SIDE LIFT COACHES SO THEY ARE ACCESSIBLE TO ALL OUR MEMBERS.

DON'T FORGET TO WRITE THE EVENTS/TRIPS YOU HAVE BOOKED ON YOUR CALENDAR OR IN YOUR DIARY